

Dislocations

Dislocation is a bone that has been removed from a joint. This can happen spontaneously or from trauma and may have associated fractures.

Signs and Symptoms

- Pain
- Inability to move
- Deformity
- Tenderness over joint.
- Swelling and discolouration around the joint occurs rapidly.

Treatment

Follow the Basic First Aid Plan to assess the casualty

- ✓ Check for circulation in the injured limb.

DO NOT TRY TO PUT THE DISLOCATION BACK IN PLACE.

- ✓ Splint or sling injured part if possible.
- ✓ Consider applying bulky padding over the site.
- ✓ Apply cold pack to reduce swelling, elevate injured part if possible.
- ✓ Seek medical aid.

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